

We Claim:

1. A dietary supplement comprising cobeadlets, approximately 0.03% to 0.3% copper,
approximately 0.2% to 4% zinc, and Vitamin C, wherein the cobeadlets comprise
5 Vitamin E, and active carotenoid in the form of Vitamin A, lutein and/or
zeaxanthin, wherein the concentration of Vitamin C in the dietary supplement is
approximately 10% to 30% by weight, the concentration of Vitamin E in the
dietary supplement is approximately 0.5% to 25% Vitamin E, and approximately
10% to 30% by weight of active carotenoid in the form of Vitamin A, lutein and/or
10 zeaxanthin.
2. The dietary supplement of claim 1, wherein the Vitamin A is in the form of β -
carotene.
3. The dietary supplement of claim 1, wherein dietary supplement comprises about
1.0% to 25% by weight cobeadlets.
- 15 4. The dietary supplement of claim 1, comprising:
about 0.75 mg β -carotene;
about 125 mg Vitamin C;
about 100 mg Vitamin E;
about 0.4 mg copper;
20 about 20 mg zinc;
about 2 mg lutein; and
about 1 mg zeaxanthin.